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## **SUPPLEMENTAL TRAININGS AND EXPERIENCE**

### **CIRCLE FACILITATION (2014-2017)**

- Tracy Roberts, The Circle Center, November, 2014
- Advanced Peace Circle Facilitator – Kay Prannis, November, 2015
- Restorative Circles Facilitator Training – Rasheedat Fetuga, Gideon’s Army, April, 2016

### **NON-VIOLENT COMMUNICATON (2014- 2017)**

- “Meeting Life Transitions with Courage and Grace,” Miki Kashtan, April 30, 2014
- “Breakthroughs in Brain Science Meet Nonviolent Communication (NVC)”, Susan Skye, October 14, 2014
- “The Spirituality of Compassionate Communication,” Robert Gonzales, Nov 21-23, 2014
- “NVC Facilitator Training,” Carlene Robinson, Aug 22, 2015
- “Living In the Blame-Free State, François Beausoleil, March 5, 2016
- “Social Justice Today, From Awareness to Action,” Dr. Roxy Manning, May 5-7, 2017
- “Mediate Your Life” Intensives, John Kinyon, January 28-31, 2016, April 14-17, 2017, September 14-17, 2017
- Carlene Robinson, Difficult Conversations
- NVC Nashville Practice Groups

### **YOGA AND MEDITATION (2001-present), Isha Foundation**

- Inner Engineering Intensive, Nashville, 2001
- BSP – 4 day intensive, Ohio, 2001
- Annadhi (90 Day silence program), McMinnville, TN, 2010
- Samyama 10 Day Silence Program, India 2004
- Ishaanga – Teacher training, 2011, 2012
- \*Volunteer experience in over 20 Isha Yoga programs

### **GROUP FACILITATION EXPERIENCE (2013-2017)**

- Compassionate Nashville Coffeehouse
- Cultivating Compassion Series
- Compassion Games Kick-Off Events
- Compassionate Healthcare Coalition
- Compassionate Nashville Community Peace Circle
- “Making Ourselves Great Again” Post Election Circle
- Circle of Understanding, Big East Fork Retreat Center
- Building Bridges Circle, Islamic Center of Nashville
- Camp Davis Nature Specialist Curriculum Developer and Group Leader
- “Cultivating the Joy of Presence” nature meditation group
- Drum Circles
- Women’s Circles